

Sample output:

in **RUN** mode:

display pace for 4 seconds: **12:40P**

display total distance for 2 : **1.37MI**

in **STANDBY** mode:

display in a loop for 2 seconds each:

average pace: **13:38PC**

lap count: **267 CT**

total time: **T0:45:00**

total distance: **3.30MI**